

# Gay Head Lighthouse Visitor's Center – Environmental Opportunities

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# Beautiful site but what about utilities?

- Avoid the approach of the affluent
  - Somebody has to pay, for energy and environmental degradation
- Water may be scarce (as it is on Cape Cod)
- Please do not compartmentalize BT and Design

# Things to think about

1. Warmth in spring and autumn
2. Comfortable indoor environment in summer
3. Human waste disposal without sewer or septic system
4. Water conservation
  - a. greywater recycling for irrigation
  - b. rainwater capture
5. Little or no need for off-site fuels
  - a. Conservation
  - b. On-site electricity and hot-water production using renewable source (maybe)
6. Responsible choice of materials

# 1. Warmth in cool weather

- Key factors
  - Insulation
  - Windows for solar energy
  - Heat-absorbing mass to regulate indoor temperature

# Passive solar heating

- Direct gain
- Sunspace
- Trombe wall

# A Simple Direct Gain System

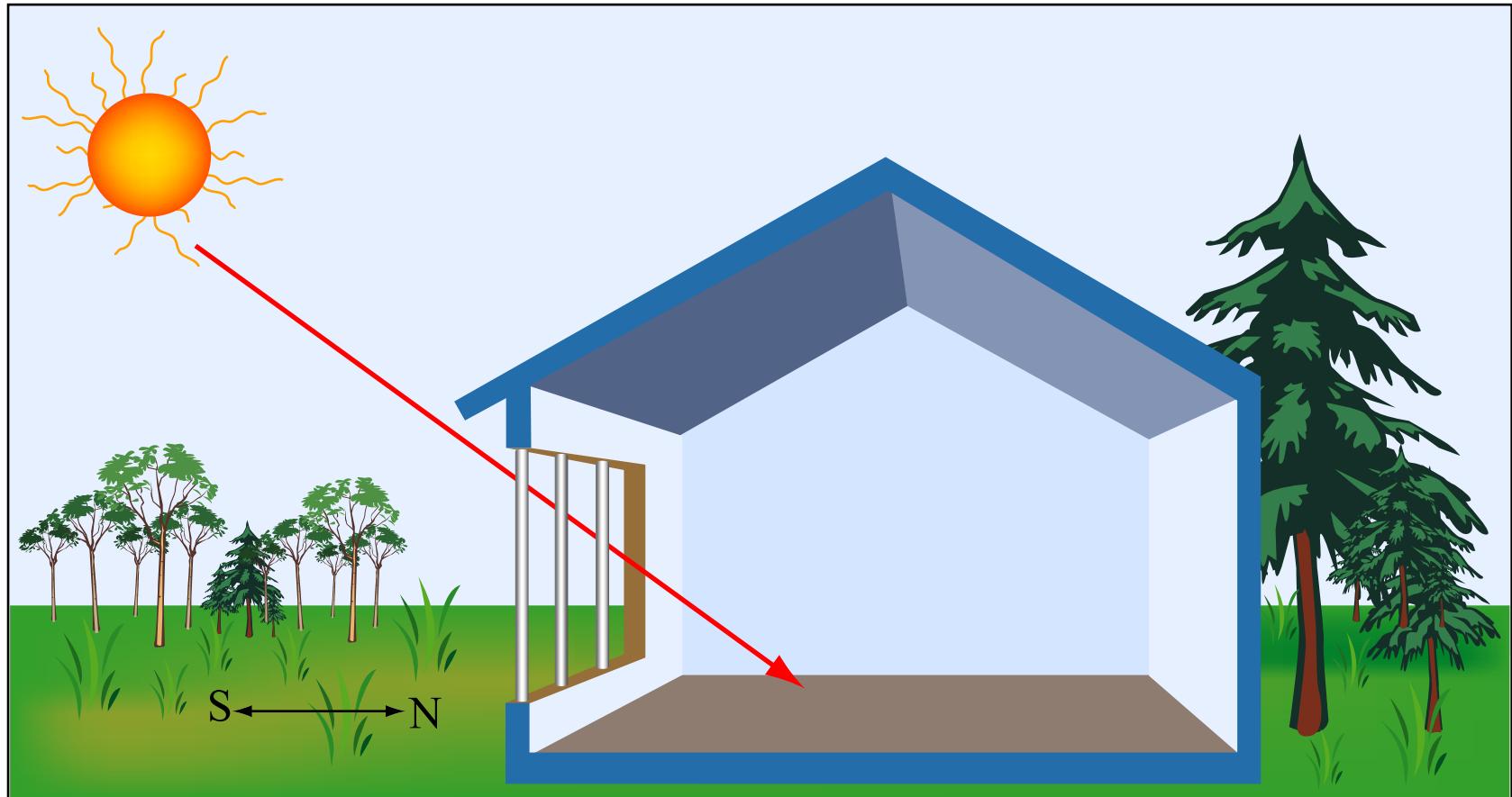


Figure by MIT OCW.

# Clerestory – another form of direct-gain system

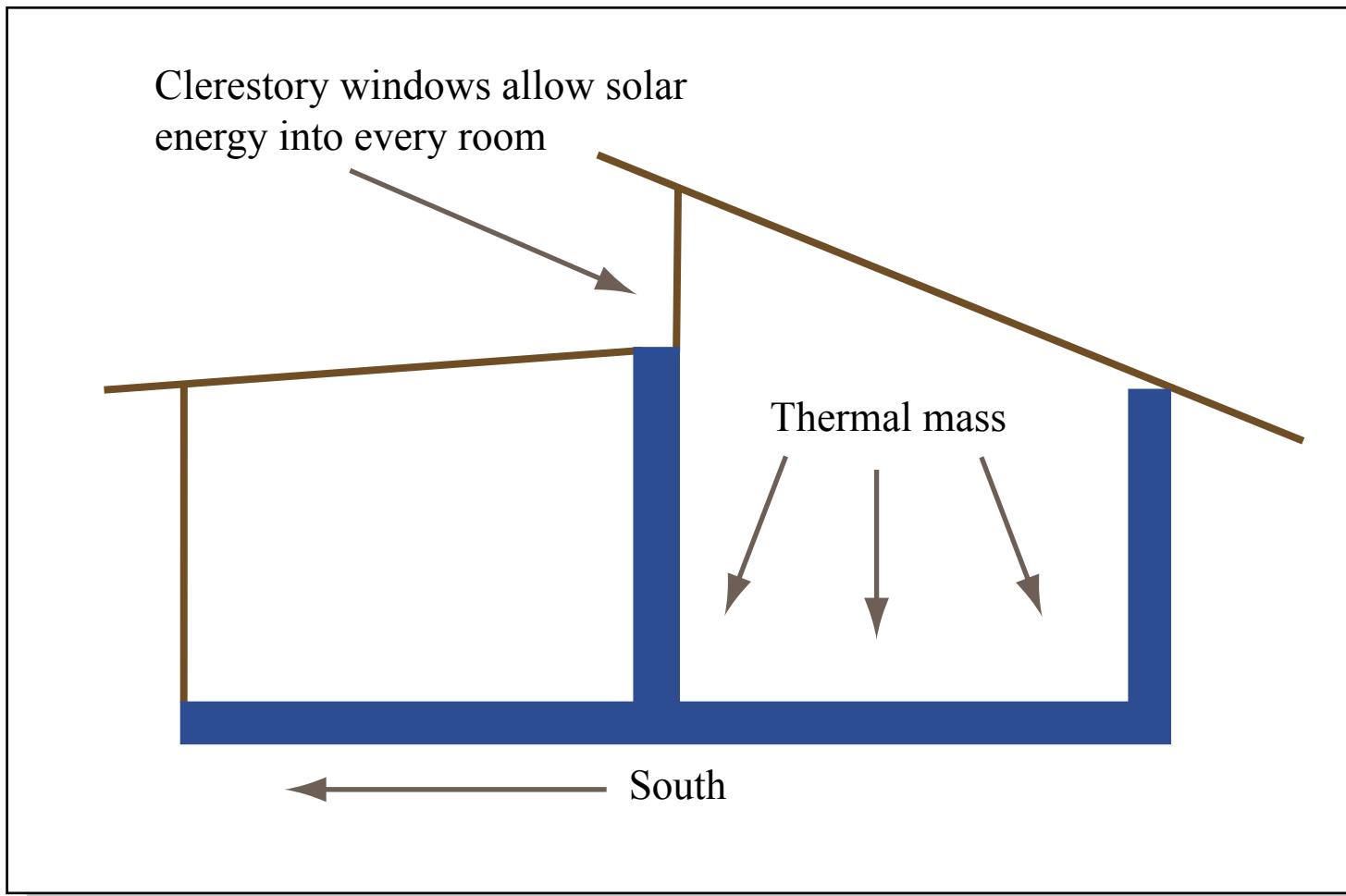


Figure by MIT OCW.

# Sunspace with mass wall added

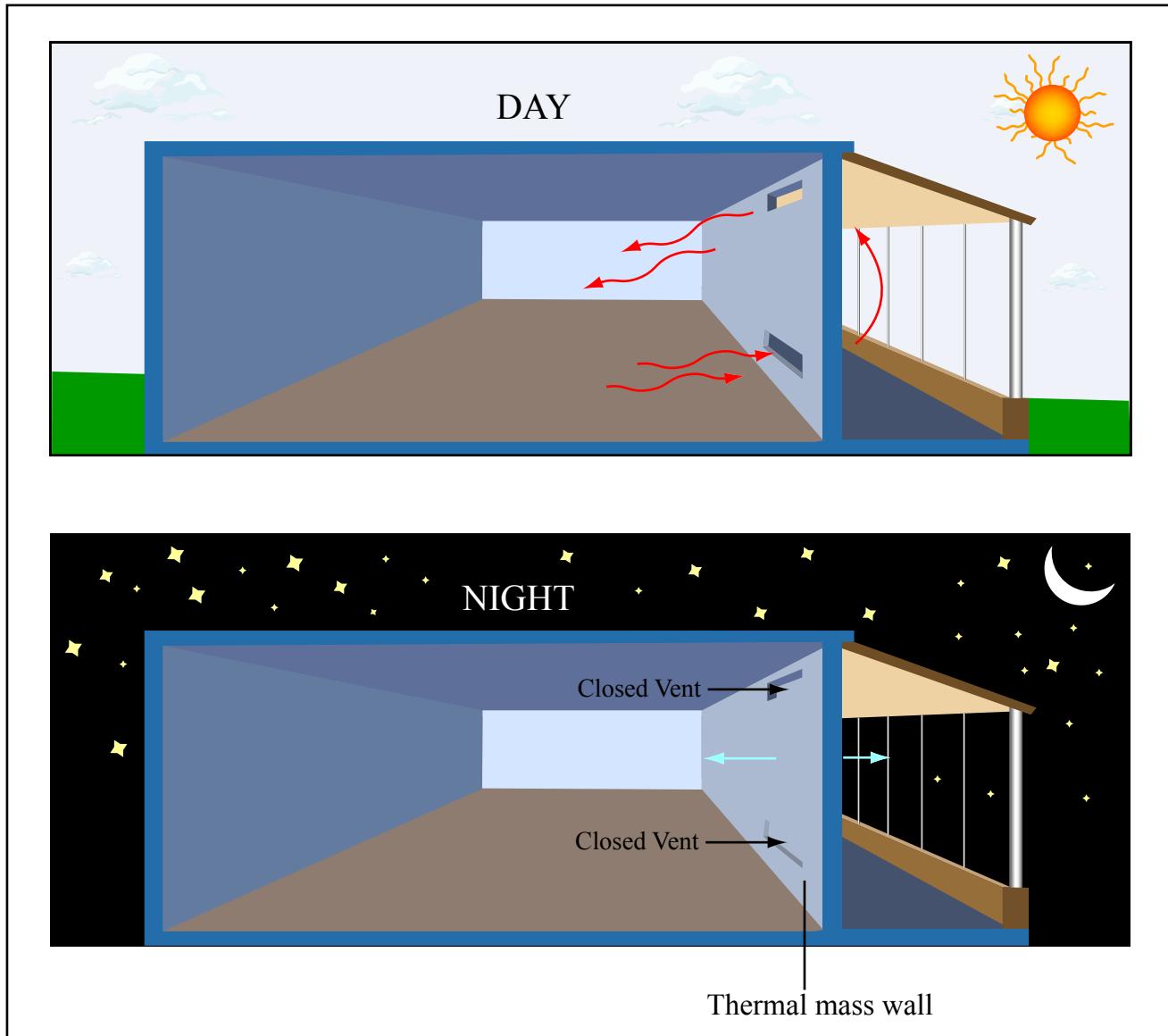


Figure by MIT OCW.

# Trombe Wall Diagram

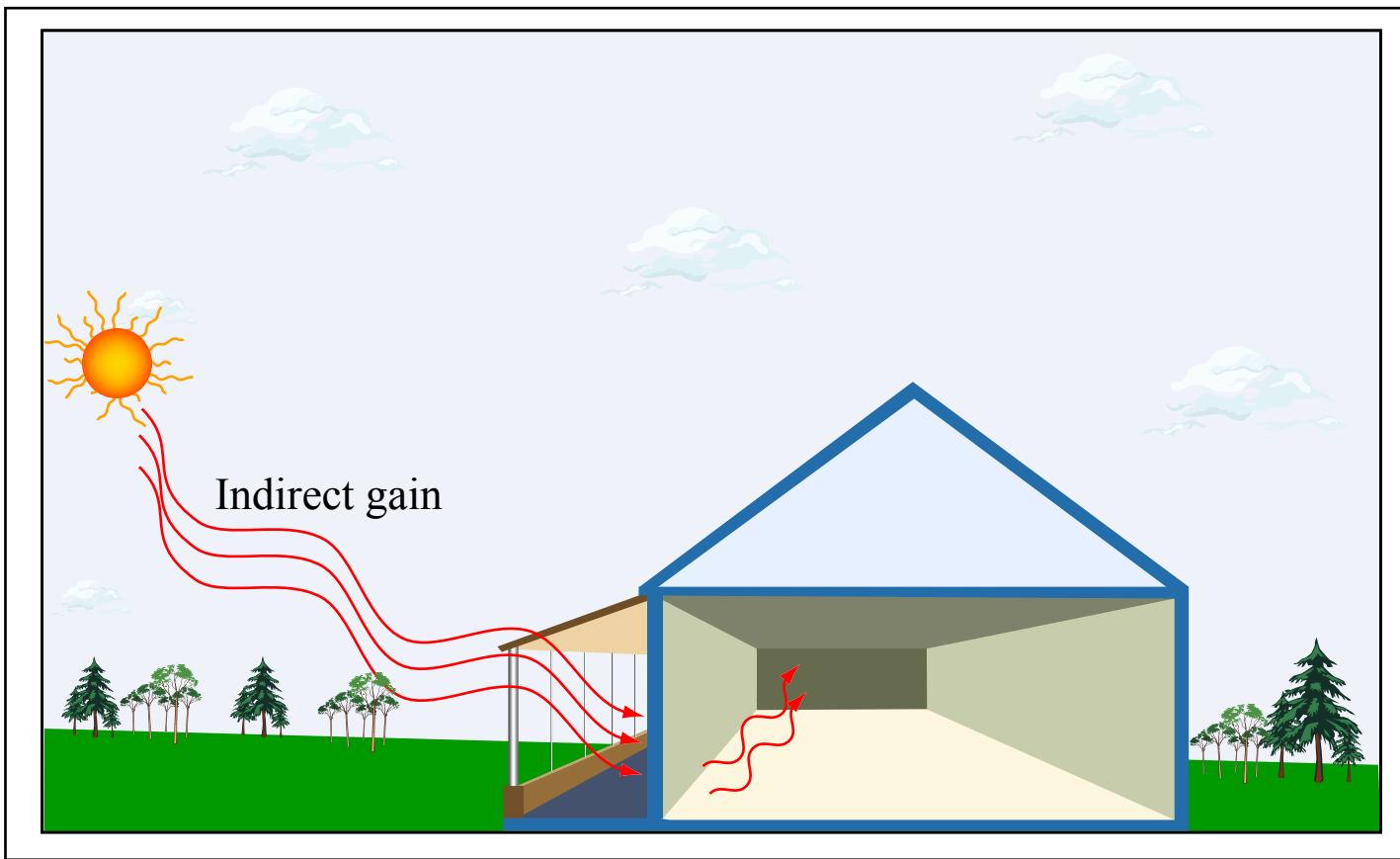


Figure by MIT OCW.

# Trombe Wall with Vents

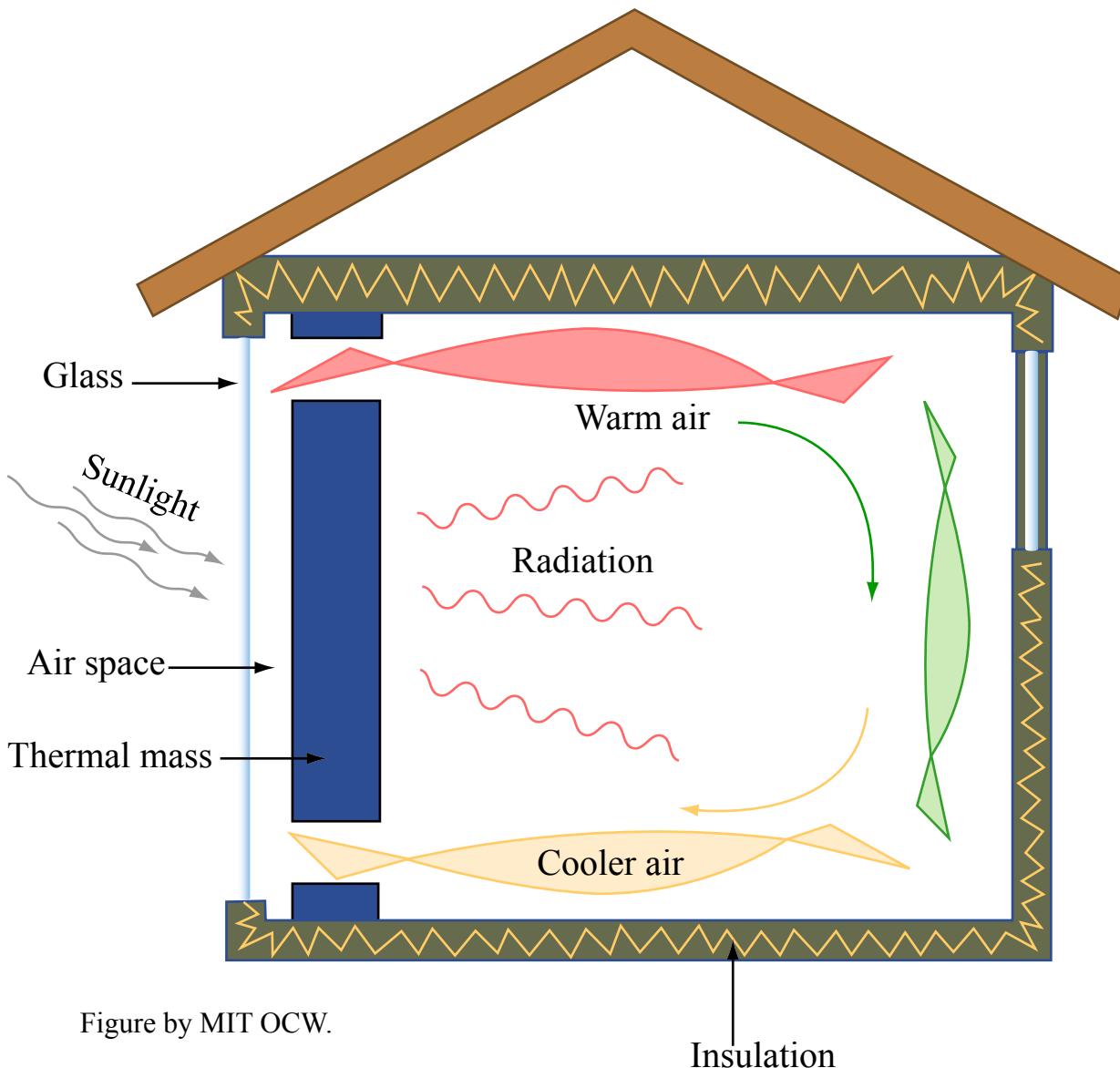
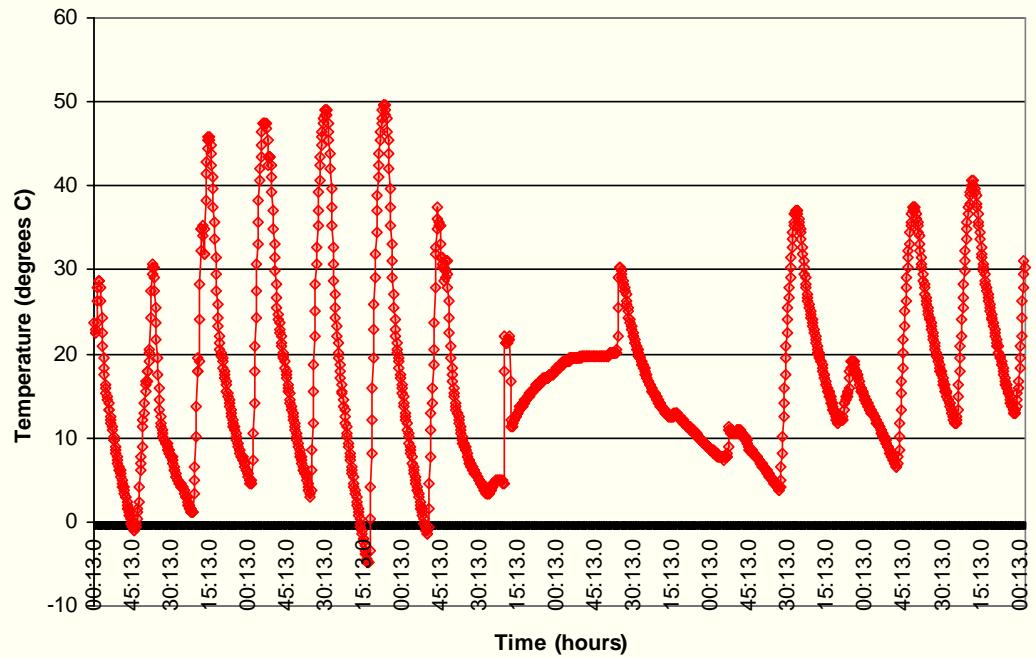


Figure by MIT OCW.

# Passive Solar Heating



# Taking advantage of free heating for “elfhouse”



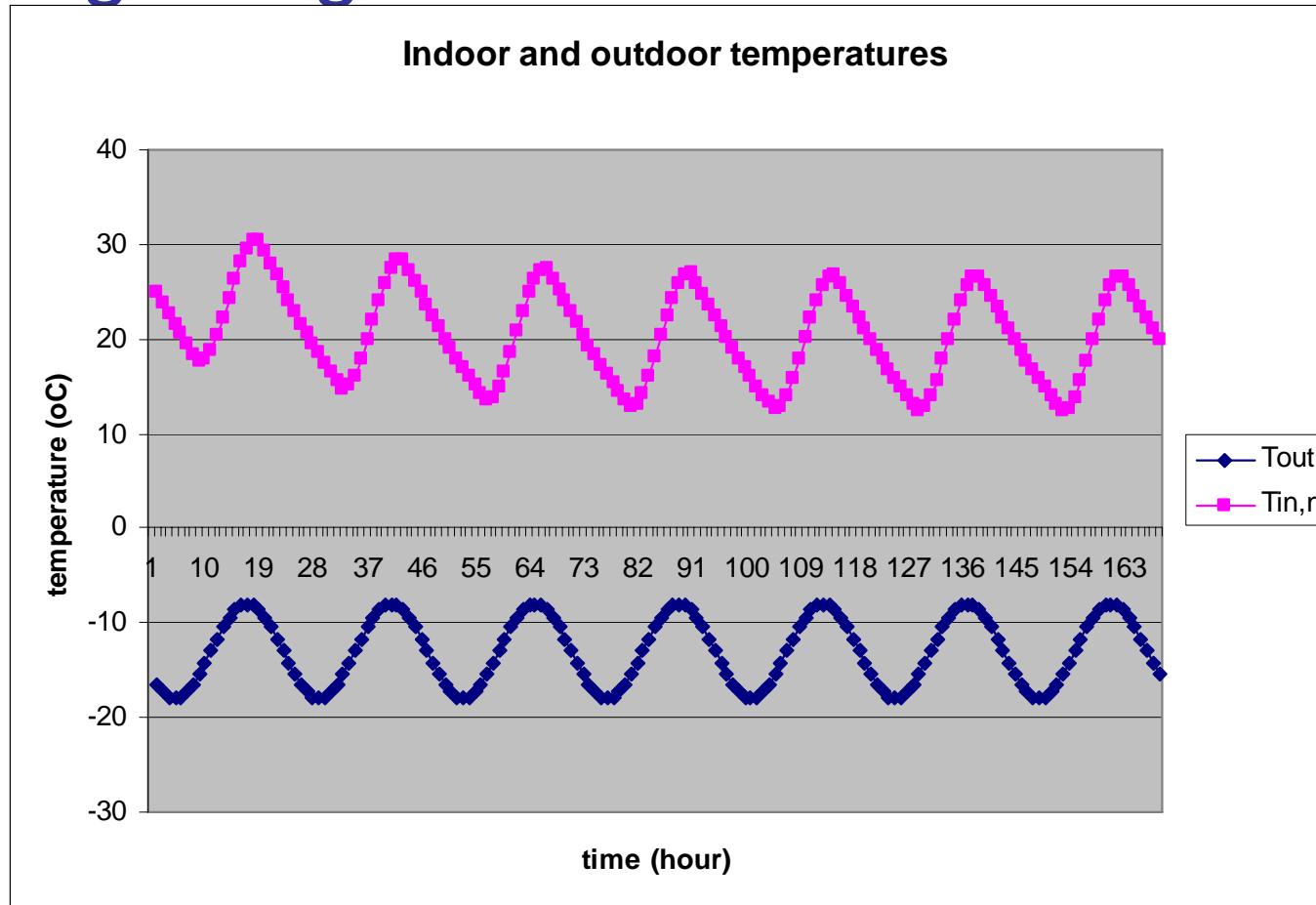
Average Temperature First Week = 16.9 deg C  
Average Temperature Second Week = 17.3 deg C

C

# Insulation, glass and mass for a full-size house

- Walden, made of 15 cm extruded polystyrene (no openings, no airflow):~1,000 W of heat needed at 0 °F.
- Henry David needs fresh air, which requires another 500 W to heat.

# Walden with south-facing, double-pane glazing and water for thermal storage

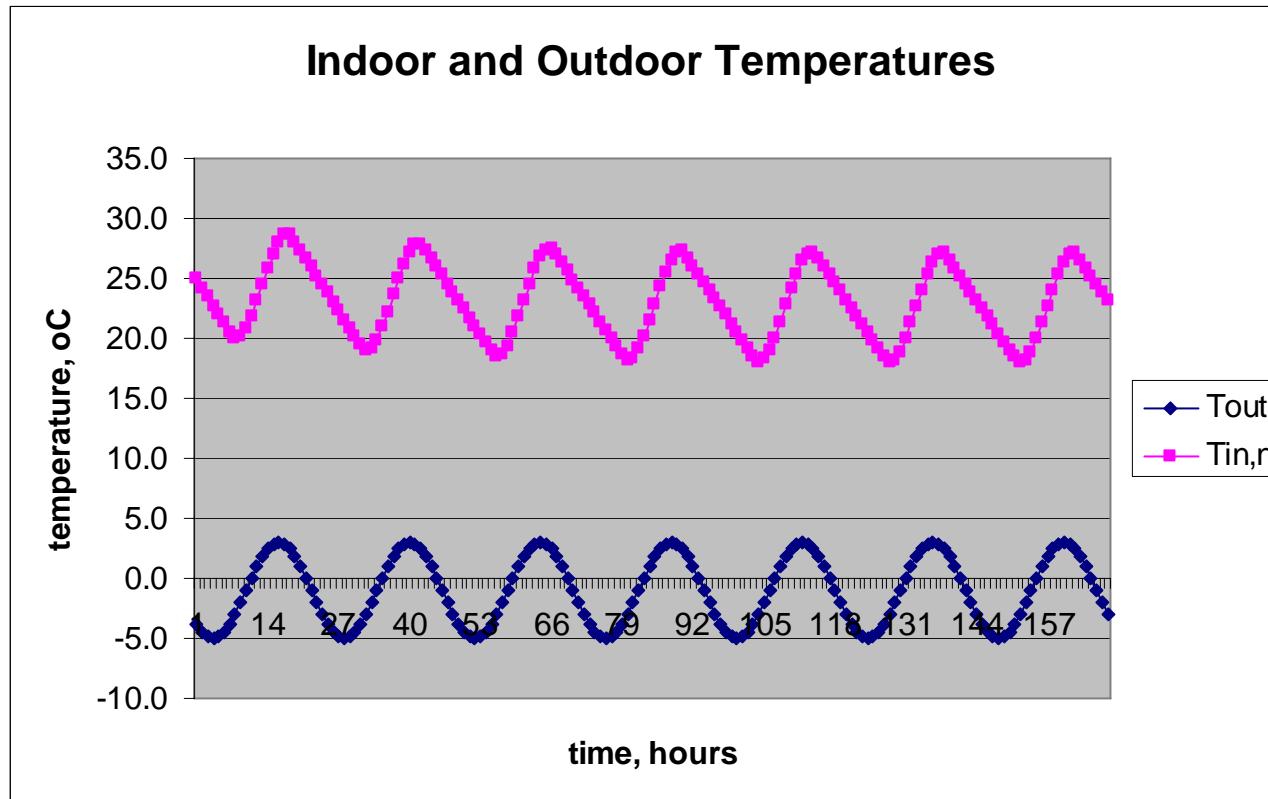


5 m<sup>2</sup> glazing, 1000 kg water

# Passive solar design guidelines

- South glass – within 30° of due south
- Glass area ~12% of floor area
- Mass area ~ 6x glass area
- Rules from  
<http://www.wbdg.org/design/psheating.php>

# Try these guidelines – they look pretty good!



## 2. Keeping cool in the summer

- Shade the windows
- Control internal heat sources
- Use natural ventilation to keep indoor temperatures close to outdoor values
  - Wind-driven
  - Buoyancy-driven
- Use thermal mass and restrict airflow during the day when daytime temperatures are hot

# Wind-driven flows for Gay Head

- Better choice than buoyancy-driven flows
  - Open site
  - Low building
- Need cross ventilation path
  - A few m<sup>2</sup> on both the windward and leeward sides should be enough
- Need exposed thermal mass for night cooling (but it's necessary for passive heating in winter)

### 3. Waste disposal

## Clivus Multrum composting toilets

Note: need electricity (AC or DC) and small amounts of water (1-3 gal/day for composter, 3 oz. per flush for foam-flush toilet)

## 4. Water conservation

### a. Graywater systems

- Reduces use of potable water for irrigation
- Good for plants
- Reduces energy and chemicals associated with potable water systems
- Recharges groundwater
- Reduces strain on existing sewage and septic systems (if available)
- Reclaims otherwise wasted nitrogen and phosphorus
- Information source:  
<http://greenbuilding.typepad.com/naturecenter/>

# Wellfleet system

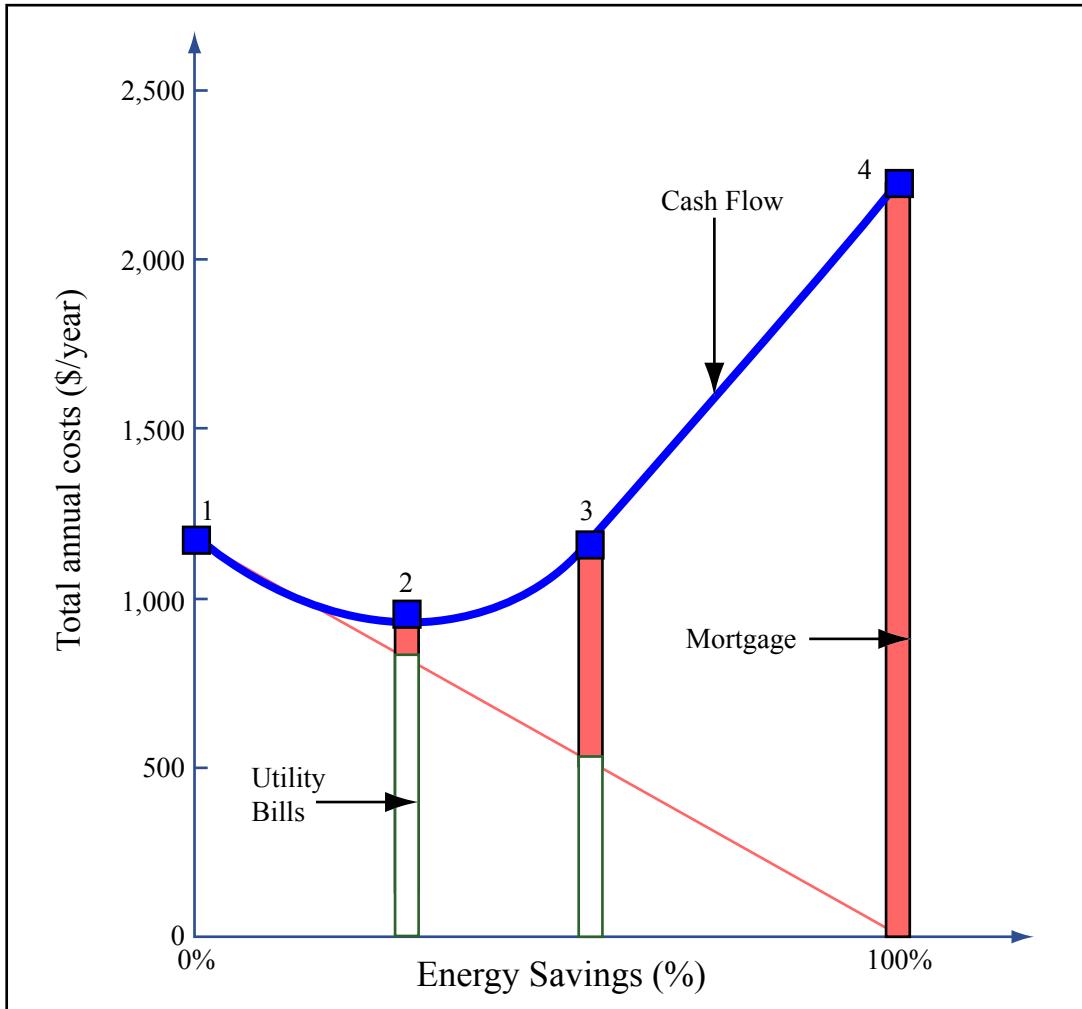
- Toilet water is added to greywater stream
- System includes filters
- Plants in bog garden take up nitrogen
- Run-off is desirable for surrounding area
- State and local codes must be followed
- Greywater central for information:  
<http://www.oasisdesign.net/greywater/index.htm>

## 5.a. Energy conservation

- Lights – no incandescents
- Fans
- Computers – flat-panel displays, shut down when not in use
- Refrigeration
- Hot water – low-flow, low standby losses

## 5.b. Renewable electricity

### On-site photovoltaic system



NOT economical for houses – consider fuel switch  
for fridge and hot-water

Figure by MIT OCW.

# PV Basics

- About 1000 W/m<sup>2</sup> from the sun, maximum
- PV cells are 12-20% efficient in converting solar irradiance to electricity
- A 1 m<sup>2</sup> panel will produce about 150 Watts of DC electricity, under peak sun conditions
- For New England, sizing rules are based on 4.5 hours/day of peak-equivalent sun
- A 1 m<sup>2</sup> panel will therefore produce about 675 Whr of electricity
- Add up all electrical loads and include 20-40% sizing margin for system losses (inverter, storage)
- Example: 10 kWh/day (my house) would require ~ 15 m<sup>2</sup> of PV panels before storage loss adder, 20 m<sup>2</sup> with losses
- An array of 20 m<sup>2</sup> produces 3 kW peak (remember for comparison with wind)
- Install on roof or on ground

# Wind turbine basics

- Freshman physics: power = force x velocity
- Force is pressure x area
- Wind pressure =  $\frac{1}{2} \rho v^2$
- Wind power =  $\frac{1}{2} \rho v^2 \pi r^2 v = \frac{1}{2} \rho \pi r^2 v^3$
- For  $r = 1$  m and  $v = 1$  m/s,  $P \approx 2$  W
- $r = 1.5$  m and  $v = 6$  m/s,  $P \approx 0.91$  kW

# Wind turbine basics

- Efficiency [http://en.wikipedia.org/wiki/Wind\\_power](http://en.wikipedia.org/wiki/Wind_power)
  - 59% theoretical maximum
  - 30% theoretical maximum for propeller-type turbines
  - 35% achievable for vertical axis “egg beaters”
  - 10-20% achievable for propellers

# Wind turbine examples

- US DOE example

([http://www.eere.energy.gov/consumer/your\\_home/electricity/index.cfm/mytopic=11010](http://www.eere.energy.gov/consumer/your_home/electricity/index.cfm/mytopic=11010))

- 1.5 kW turbine will provide 300 kWh/month (10 kWh/day) in an area with an average wind speed of 14 mph (6.3 m/s)

- Bergey (wikipedia example)

- 1.5 kW turbine: 1.5 m radius blades, 21 m tower

## 6. Material selection

- Recycled tire flooring at Wellfleet
  - Anti-slip
  - Durable
  - Easy to maintain