## THE JAIPUR FOOT

DR POOIA MUKUI. MD REHABILITATION PHYSICIAN TECHNICAL CONSULTANT BMVSS,JAIPUR FOOT ORGANIZATION

&

CLINICAL DIRECTOR
CENTER FOR RECONSTRUCTION & REHABILITATION
JAIPUR

## INTRODUCTION

- The JAIPUR FOOT is an original research product of Jaipur ,INDIA
- The foot was developed in response to specific sociocultural needs of Indian Amputees ,however the design that evolved has features that make it suitable for use anywhere in the world.

## **HISTORY**

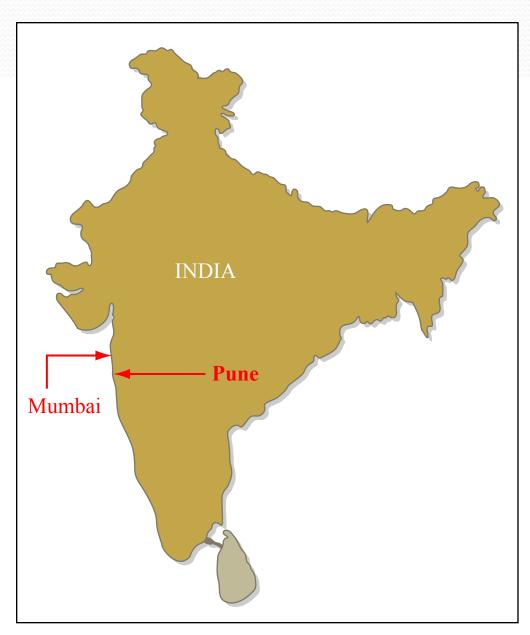
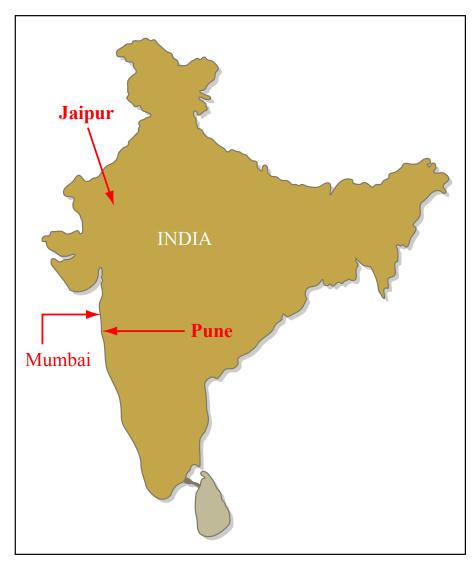
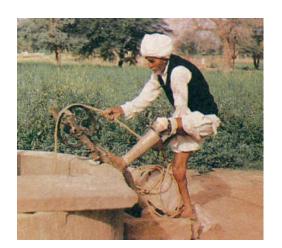


Image by MIT OpenCourseWare.



To overcome this problem, a centre was set up in Jaipur, India.



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• JAIPUR centre started providing conventional lower limb prostheses.

Rejection rates -HIGH

#### ANALYSIS OF REJECTION

The reasons were not technical OR biomechanical

**BUT** 

Socio-cultural



The team at Jaipur centre realized that besides functional aspects, socioeconomic and cultural demands of amputees needed to be addressed.

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## PROSTHETIC FOOT



Courtesy of Dr. Pooja Mukul, Bhagwan Mahaveer Viklang Sahayata Samiti - Jaipur Foot Organization, Jaipur, India. Used with permission.

- Look like a human foot
- Permit squatting
- Adapt to uneven terrain
- Should be waterproof
- Permit barefoot walking
- Permit use within footwear

- Should be affordable
- Should be made of locally available materials

## PROSTHETIC FOOT – CONCEPT & DESIGN

Courtesy of Dr. Pooja Mukul, Bhagwan Mahaveer Viklang Sahayata Samiti - Jaipur Foot Organization, Jaipur, India. Used with permission.

### **OBJECTIVES**

1. It should look like a normal foot.

## PROSTHETIC FOOT – CONCEPT & DESIGN



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- The exterior should be water proof and durable.
- 3. It should allow enough dorsiflexion to permit the amputee to squat.
- 4. It should permit certain amount of transverse rotation of the foot on the leg.

## PROSTHETIC FOOT – CONCEPT & DESIGN



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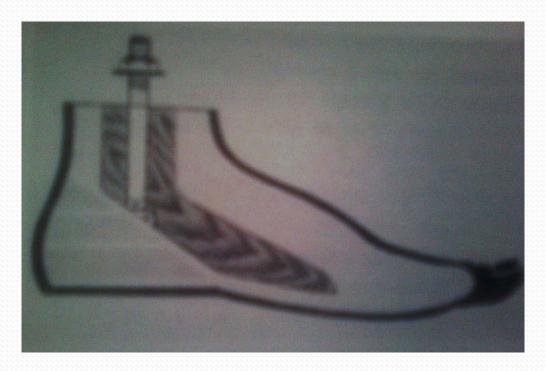
- It should have sufficient range of inversion and eversion to allow the foot to adapt to uneven terrain.
- 6. It should be inexpensive.
- It should made of locally available materials.

SACH FOOT

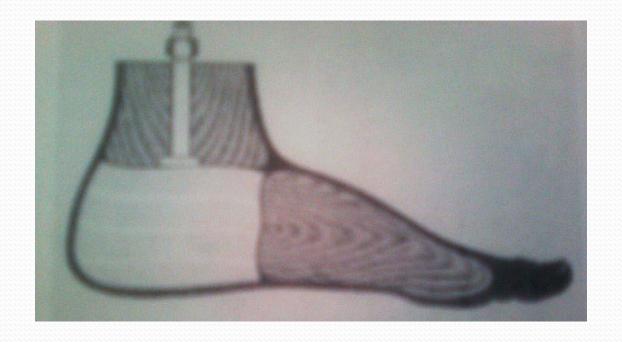
TO

JAIPUR FOOT

# SOLID ANKLE CUSHION HEEL (SACH)



## JAIPUR FOOT



## JAIPUR FOOT

- The JF is a non-articulated foot –ankle assembly .
- It consists of three structural blocks replicating normal foot anatomy.
- The forefoot & hindfoot are made of microcellular rubber and the ankle block is of light wood.
- These three blocks along with the toes are bound together by tyre cord and encapsulated in skin colored cushion compound.
- This structure is then vulcanized at 120 0 under 23 psi for 30 minutes.

## **JAIPUR FOOT**

#### **RANGE OF MOTION**

Dorsiflexion :  $20^{\circ} - 35^{\circ}$ 

Heel compression : .8 mm to 2.8 mm.

Pronation :  $26^{\circ} - 29^{\circ}$ 

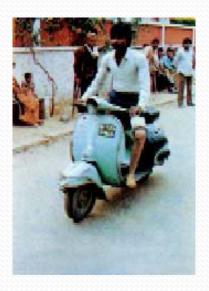
Supination :  $15^{\circ} - 22^{\circ}$ 

Axial Internal Rotation: 10º - 12º

Axial External Rotation : 4º - 8º

## POST FITTING TRAINING

- Weight bearing surface
- Peer Training







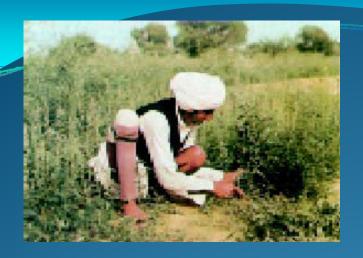




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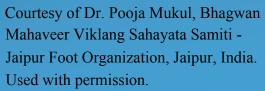






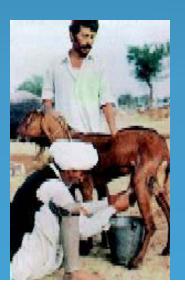


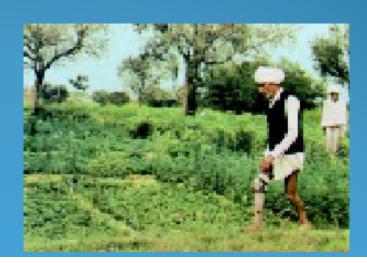






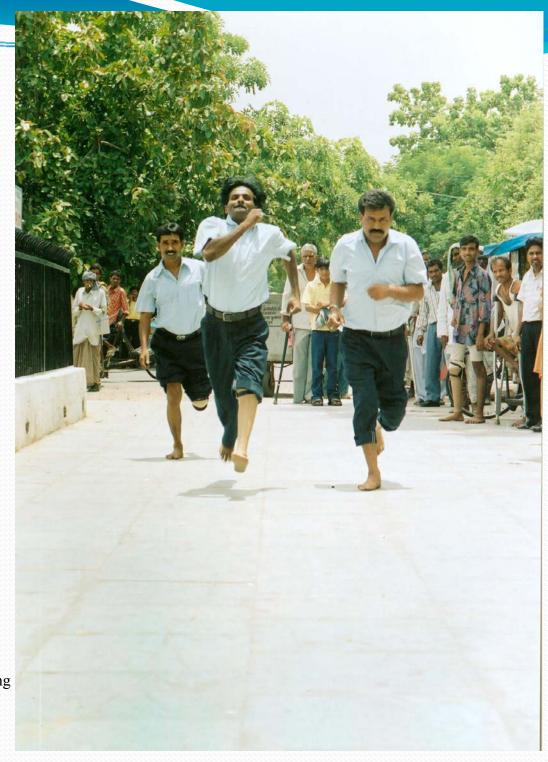












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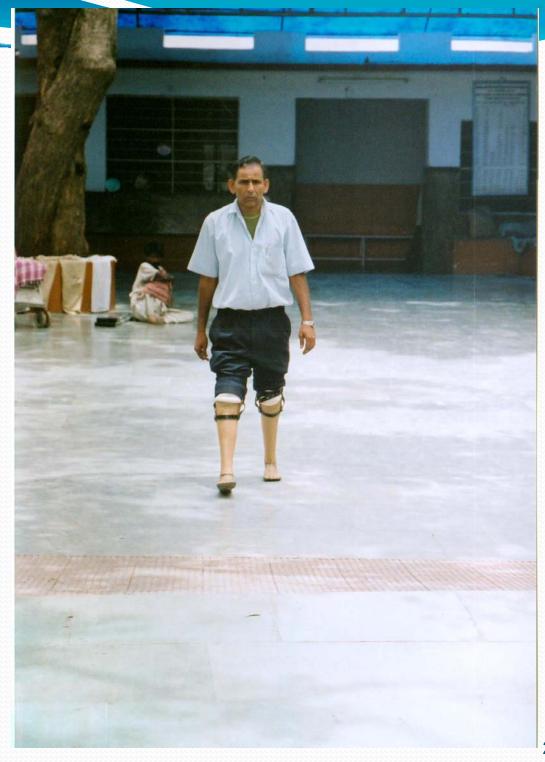




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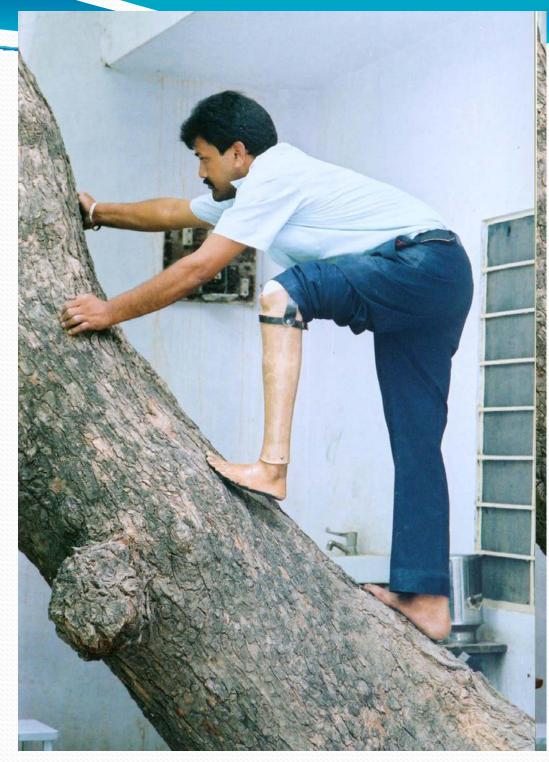


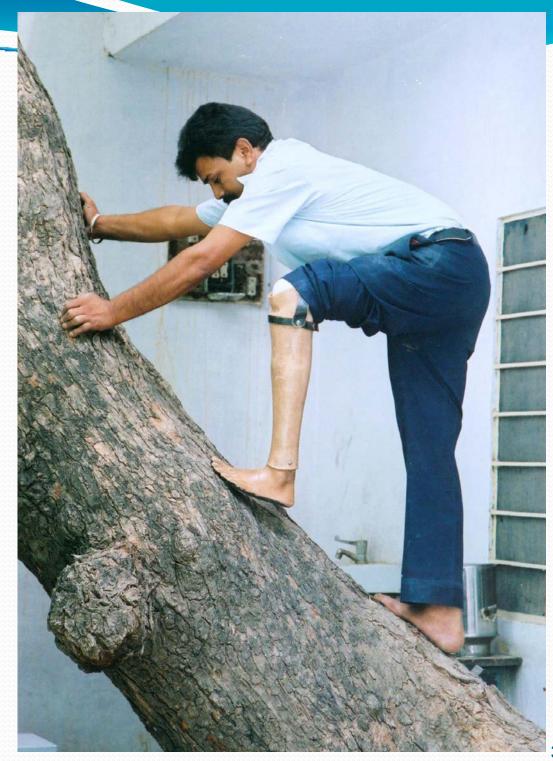






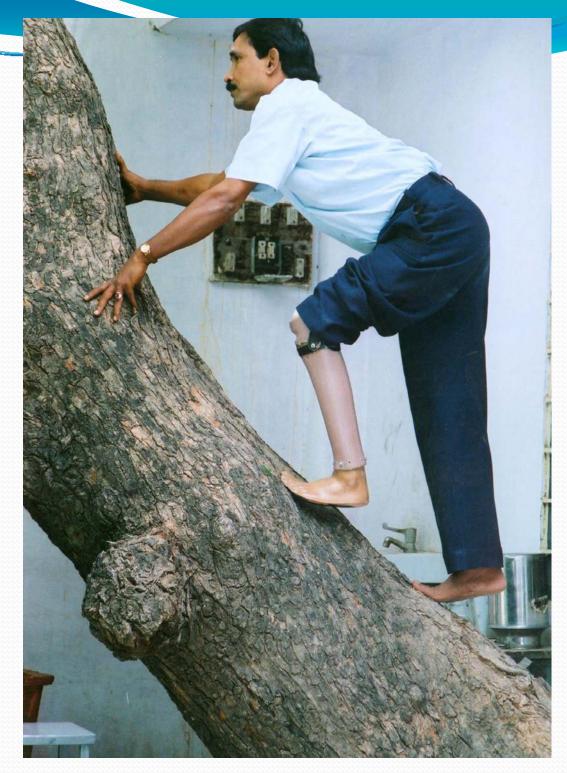




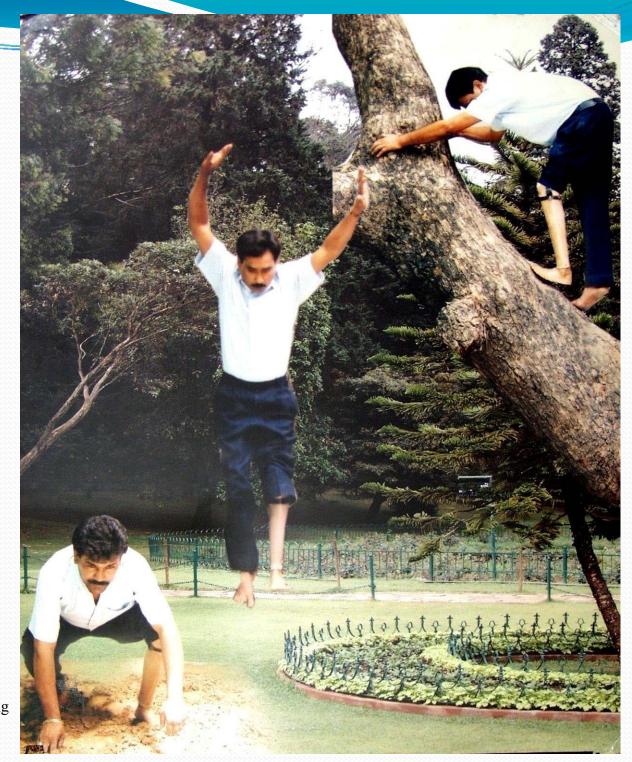


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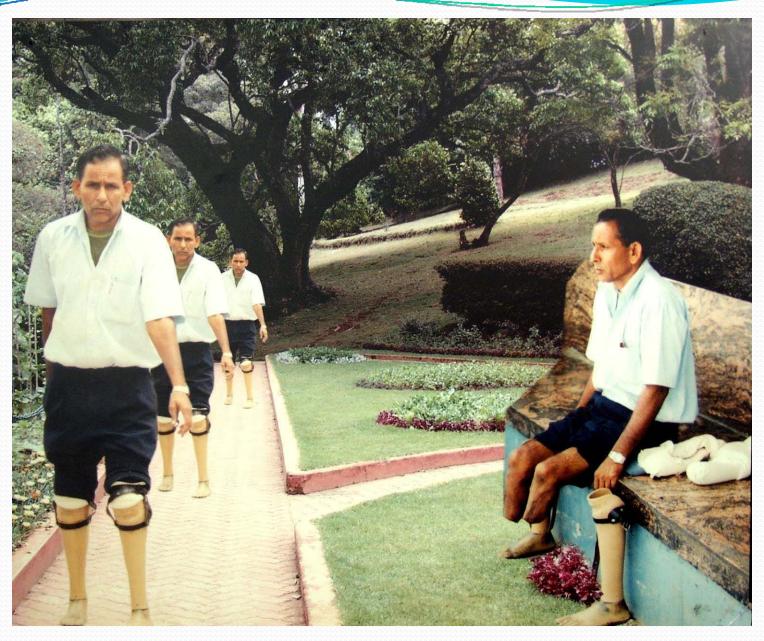


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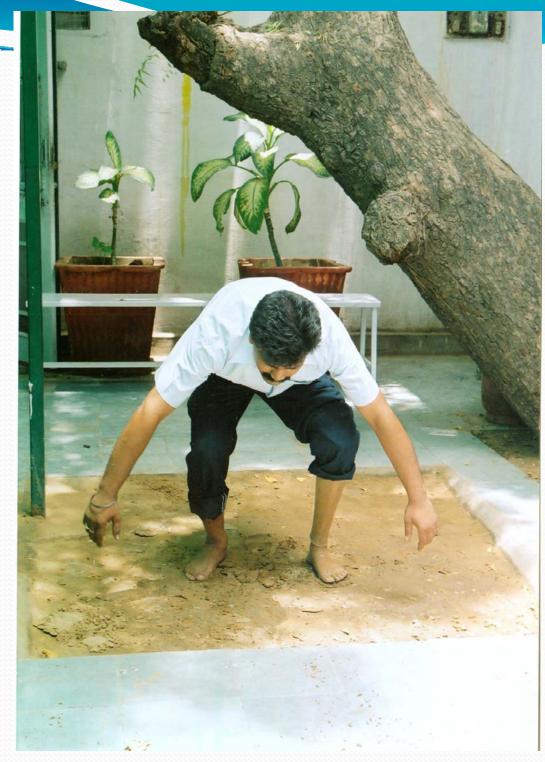


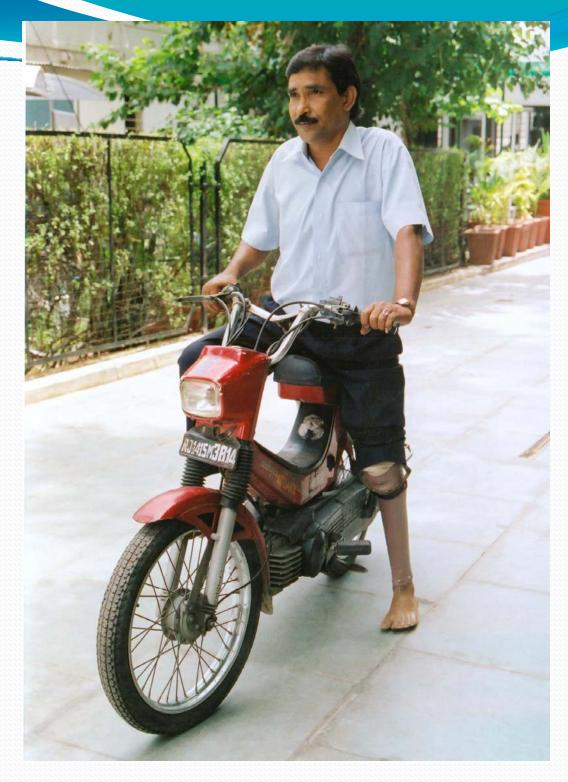


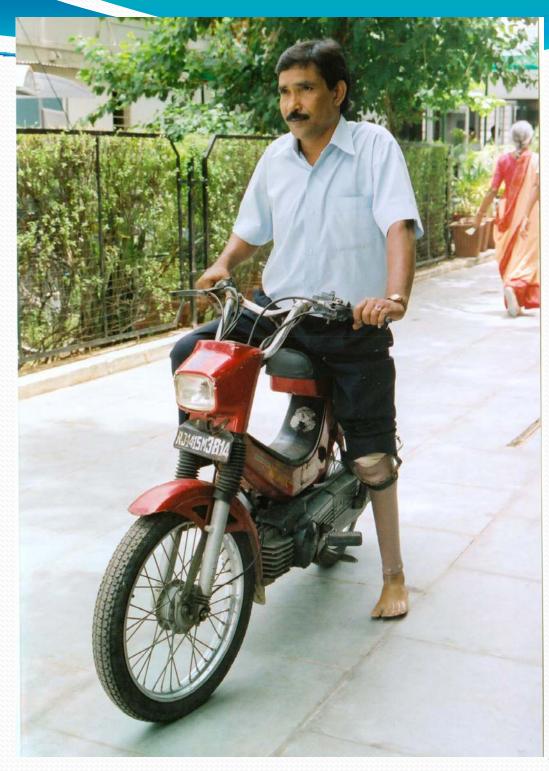
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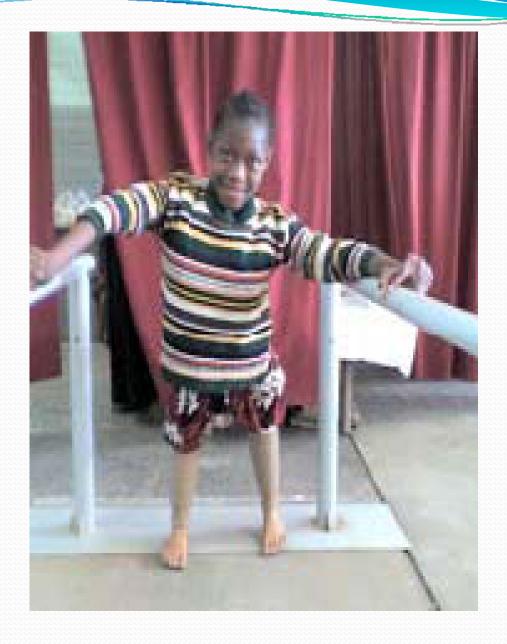
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# JAIPUR FOOT :Biomechanical Analysis

A comparative study was conducted by Klenerman et al at Liverpool, U.K.

Two shock absorption variables-

Impact Peak Force

Impact Load Rate

Four gait style variables -

Propulsive Force Peak

Support Impulse

**Braking Impulse** 

Propulsive Impulse were studied.

## JF: LIVERPOOL STUDY

The study concluded –

"The performance of the Jaipur Foot is more natural and nearer to the normal foot as compared to the SACH and Seattle Foot."

### INTERNATIONAL STANDARDS

ISO-10328

# VETERANS ADMINISTRATION PROSTHETIC CENTER STANDARDS FOR FOOT & ANKLE ASSEMBLIES

### STATUS OF JAIPUR FOOT

# DOES NOT WHOLLY CONFORM TO INTERNATIONAL STANDARDS

# ACCEPTANCE IN THE DEVELOPED WORLD

UNACCEPTABLE

CRAFTSMANSHIP & FITTING – POOR IN 86% PATIENT ACCEPTANCE – 94% HOW ILLOGICAL /CONTRADICTORY!

# NTERNATIONAL ACCEPTANCE DEVELOPING WORLD

Afganistan

Bangladesh

Dominican Republic

Honduras

Indonesia

Malawi

Nigeria

Nigeria

Nepal

Kenya

**Pakistan** 

Panama

Philippines

Papua New Guinea

# INTERNATIONAL ACCEPTANCE DEVLOPING WORLD

Rwanda

Sudan

**Trinidad** 

Vietnam

Zambia

Zimbabwe

Somalia

Mozambique

Columbia

Sierra Leone

## TIME MAGAZINE(Fall 1997)

'People who live inside the World's many war zones from Afghanistan to Rwanda may never have heard of New York or Paris but they are likely to know to a town in northern India called Jaipur. Jaipur is famous in strifetorn areas as the birthplace of an extraordinary prosthesis or artificial limb, known as the Jaipur foot, that has revolutionized life for millions of landmine amputees. The beauty of the Jaipur foot is its mobility - those who wear it can run, climb trees and pedal bicycles – and its low price.'

# COUNTRIES AWAITING ASSISTANCE

- Iraq
- Haiti
- Sri Lanka
- Chechnya
- Fiji
- Turkev
- Senegal

## JF STATUS

THE JAIPUR FOOT WAS DEVELOPED IN 1968.

RESEARCH HAS BEEN ONGOING TO IMPROVE ON THE DESIGN.

SOME ASPECTS THAT STILL REMAIN TO BE ADDRESSED ARE :

- 1. JAIPUR FOOT IS NOT AVAILABLE IN NTERNATIONAL STANDARD SIZES.
- 2. JAIPUR FOOT IS NOT COMPATIBLE WITH DESIGNS OF WESTERN LIMBS.
- 3. JAIPUR FOOT IS HEAVIER THAN THE SET INTERNATIONAL STANDARDS.
- 4. JAIPUR FOOT STILL DOES NOT COME WITH QUALITY ASSURANCE CERTIFICATION.

#### JF: CONVOLUTION IN RESEARCH

DESIGN OF THE JF HAS STOOD THE TEST OF TIME.

**HENCE** 

ALL RESEARCH HAS TO GYRATE AROUND THE BASIC STRUCTURE & ITS FUNCTIONAL CHARACTERISTICS.

#### FUTURE COURSE

- SIZING THE JAIPUR FOOT TO MEET INTERNATIONAL STANDARDS LAID DOWN BY THE VETERANS ADMINISTRATION PROSTHETIC SERVICES, NEW YORK.
- DESIGNING THE JAIPUR FOOT TO BE COMPATIBLE WITH THE WESTERN PROSTHETIC DESIGNS.
- MATERIAL MODIFICATIONS TO REDUCE WEIGHT AND INCREASE DURABILITY.
- STANDARDIZING TESTING EQUIPMENT FOR QUALITY ASSURANCE.

## Jaipur Foot & Limb Technology



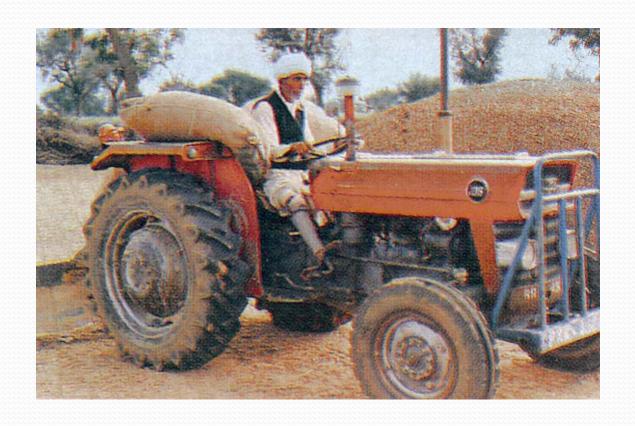






BMVSS SURVEY -Patient acceptance rate of Jaipur Limb - 98.7%

### Jaipur Foot & Limb Technology



ISPO Retrospective Study Patient acceptance rate of Jaipur Limb- 94% (JPO Volume 28 No.3)

## FINAL WORD

**USER REACTION & USER ACCEPTANCE** 

## **THANK YOU**

#### BMVSS- As an organization

- Established in 1975 at Jaipur
- 19 Centres across the country
- Open door and patient friendly policy
- Delivery System
- Free assistance not charity
- Academic activities
- R&D

#### **BMVSS- Achievements**

- Provided 59 prostheses in the first year of its inception.
- Today provides more than 20 thousand prostheses in a year (largest limb fitting centre in the world)
- Total beneficiaries are > 1.1M

# Jaipur Socket History

**Aluminum Sockets** 

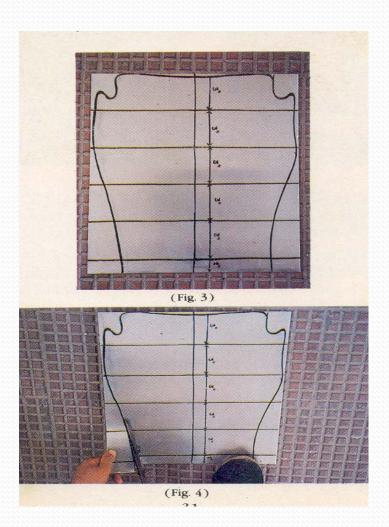
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**HDPE Sockets** 



**Total Contact Sockets** 

#### First Phase- Aluminum Sockets



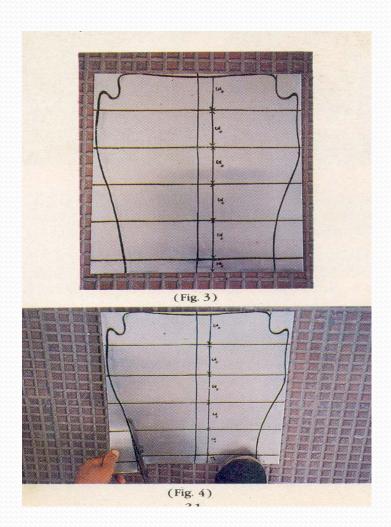
Aluminium Sockets (1968–1987)

At that time

- the demand was huge,
- services were limited
- lack of trained manpower
- lack of materials
- non-availability of any other suitable technique
  - huge resource of artisans having traditional knowledge of technology

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#### First Phase- Aluminum Sockets

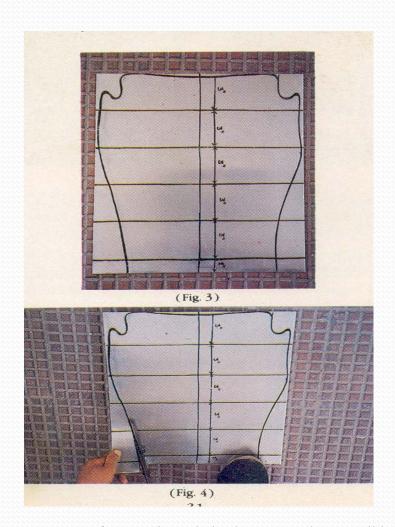


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#### Aluminium Sockets (1968–1987)

- ease of Fabrication
- able to withstand climate changes
- easily available in the local market

# First Phase- Aluminum Sockets



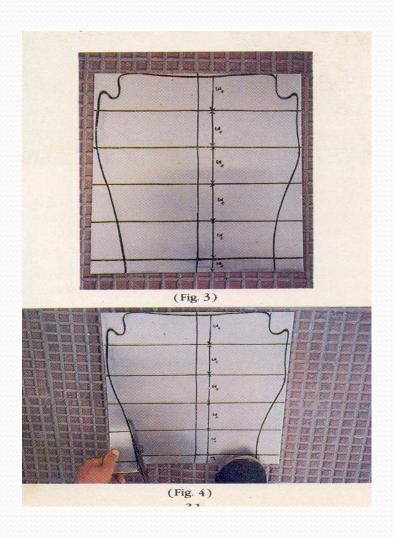
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Aluminium Sockets (1968–1987)

The combination of Jaipur Foot and Aluminum socket:

- Really filled the void and became very popular
- Was a cross breed of standard PTB and conventional plug fit sockets

# First Phase- Aluminum Sockets

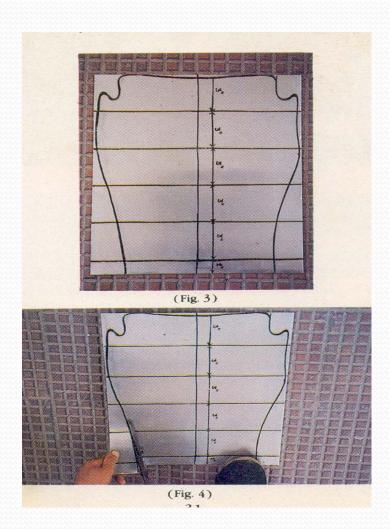


Aluminium Sockets (1968–1987)

- This cross breed design suited to amputees in Indian climatic conditions
- Could be fabricated in an hour
- Delivery time was reduced significantly

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# First Phase- Aluminum Sockets



Aluminium Sockets (1968–1987)

- This lead to unprecedented rise in the number of prosthetic fitment
- And Lowering of cost

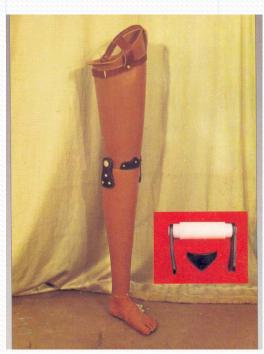
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# Second Phase-HDPE Sockets

High density polyethylene (HDPE) pipes have the properties of:

- high impact strength
- high flexural strength
- high fatigue strength
- are inert
- withstand climate changes
- easy to handle
- good moldability
- available in the market

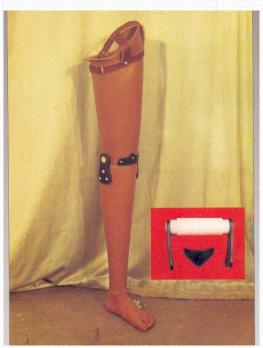


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# Second Phase-HDPE Sockets

HDPE Open Ended Sockets (1987-1995)



- using conventional POP wrap cast technique
- seamless
- light in weight
- fabrication time <one hour</p>
- cost-effective material



# Third Phase - Total Contact



- Total Contact Sockets (1995 – continuing)
- using conventional POP Wrap cast technique
- inner socket was made of HDPE or PP Co-polymer sheets

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# Jaipur Foot & Limb Technology



# In-process alignment technique to incorporate the total contact socket with shank

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# Jaipur Foot & Limb Technology

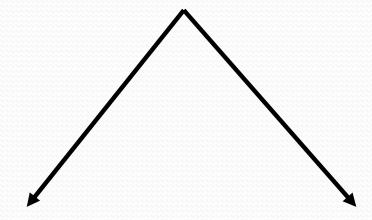


Alignment Transfer technique is also used to align the inner socket with shank

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# BMVSS-R&D





International
Standards known as
ISO:10328

Indian Standards known as BIS Standards

### ISO:10328

- These standards were developed in collaboration with ISPO and are very rigorous and strict
- Do not take care of normal human requirements and meant for specific Prosthetic feet
- Testing Load is applied only at forefoot and heel
- No dorsiflexion, inversion or eversion

#### ISO:10328

- In an recent article published by ISPO, the authors have observed that lab test as per ISO :10328 showed little wear to the foot sole
- We should develop our own standards considering the gross physical, social and cultural needs of our people.
- And standards should be such that even other countries should copy them

### BIS Standards – Prosthetic Feet

- At present there are no standards available for prosthetic feet in India
- Draft standards for SACH foot are in circulation for comments
- We have applied to BIS to formulate standards for Jaipur Foot

# BIS Standards – Sockets

Sockets are custom made

# BIS Standards – Calipers

- The standard for calipers is very old
- Thermoplastics are being used extensively and proving very effective
- Standards should be revised in accordance with the gross requirements of our people

### BIS Standards – other aids

- BIS standards for tricycle, wheelchairs, crutches and other items are very strict and good.
- Scope of customization should be there to enhance the effectiveness of assistive devices

### **BIS Standards**

- In the end, our congratulations and thanks to BIS for developing standards for prosthetic and orthotic and rehabilitation aids and appliances.
- And revising them from time to time.

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EC .722 Special Topics at Edgerton Center:Developing World Prosthetics Spring 2010

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