

# A Hands on Introduction to NMR

22.920

## Lab and Problem Set #2

### The Rotating Frame, RF pulses and the Bloch Equations

1. On-resonance with water, show the variation in the signal intensity with RF pulse length. Find the  $90^\circ$ ,  $180^\circ$  and  $270^\circ$  pulse lengths.
  2. Move well off-resonance,  $\Delta\omega \gg \omega_1$ , and see how the signal following a  $270^\circ$  pulse is changed.
  3. Set up an inversion recovery sequence and estimate the spin-lattice relaxation time from the value of  $\tau$  for which the signal is nulled.
1. From the attached set of NMR spectral intensities vs RF pulse length,
    - a. what is the  $90^\circ$  pulse length in micro-seconds?
    - b. what is the RF field strength in Hz?
    - c. what is this in Gauss?
  2. Why does the spectrum following a  $180^\circ$  pulse look dispersive?
  3. From the attached set of NMR spectral intensities as a function of the relaxation time in an inversion-recovery T1 measurement, compute the T1 in seconds.