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## Effective Teams

15.281

#### Characteristics of an Effective Team

- Common and clear objectives
- Explicit strategies and project plans
- Clear, complementary roles and responsibilities
- Necessary capabilities
- Clear, transparent and timely decision making processes

#### Characteristics continued

- Clear, open and rapid communication
- Constructive attitudes and behaviors
- Constructive and timely conflict resolution
- Proportionate participation
- Focus on content and process
- Explicit agreement on communication norms

# Stages of Team Development

- Forming
- Storming
- Norming
- Performing
- Adjourning

#### Effective Team Process

- A group of people working together does not automatically equal a team.
- Most teams convene to solve problems or capitalize on opportunities – this involves making decisions.

## A Purposeful and Rigorous Decision-Making Process

- Identify and explore the problem.
- Generate possible solutions brainstorm.
- Refine and critique possible solutions.
- Implement the solution.

### Participation Is Critical

- Some disparity in levels of participation is normal; watch for large disparities.
- People with higher status, greater knowledge of the issues, or simply more talkative by nature tend to participate more actively.
- Cultural and gender differences can also affect participation.

### Helping Others Participate

- Clarify a point.
- Reinforce a point ask for elaboration.
- Direct query "Tom, you haven't said a word during this discussion; what are your ideas?"

### Influence vs. Participation

- Influence and participation are not the same thing.
- Some people may speak very little, yet capture the attention of the whole group when they do speak.
- Others may talk frequently, but go unheard.

### Assessing Influence

- Which members are listened to when they speak?
- Which members are ignored? Why?
- Are there any shifts in influence? If so, whose? Why?

- Is there any rivalry within the group? Any struggles for leadership?
- Who interrupts whom?
- Are minority views consistently ignored regardless of possible merit?

#### Constructive Conflict

- If a team is to become highly productive, their ability to have constructive conflict and creative abrasion is vital.
- Discuss team members' different points of view and question underlying assumptions task conflict — healthy and essential to a highproducing team.

#### Other Conflicts

- Escalating task conflict can create stress, strained emotions, and tense relationships – affective or interpersonal conflict – can undermine the effectiveness of teams.
- Groupthink members voluntarily restrict voicing criticisms and concerns about other members' ideas.

#### Assessing Conflict Patterns

- Does the team tend to consider only a few alternatives when problem-solving?
- What is done if people disagree?
- What criteria are used to establish agreement (majority vote, consensus)?
- Do team members advocate more than they inquire?

#### Conflict Interventions

- Be clear in the beginning about appropriate behavior for team members.
- Make sure team goals are commonly held.
- Suspend task discussion and examine team processes.
- To combat groupthink, assign a team member to play devil's advocate for important deliberations

### Team Development

- Early meetings are critical patterns and norms are established.
- Ideal size for problem-solving team seems to be between five and ten.
- Recognize cognitive diversity and build commitment.
- Consider leadership issues.

### Starting to Work

- Set goals.
- Establish a working approach basic logistics: attendance, participation, confidentiality, and preparation expectations.
- Review and monitor the work.
- Evaluate the team's effectiveness